

## GENERAL INFORMATION FOR FAMILIES

All days are subject to bookings and fees will apply if 7 (seven) days notice is not given.

Booked programs may change due to unforeseen circumstances.

- It is important that you call the Centre ASAP if your child/ren is unable to attend on their booked day.
- Children need to bring at least 'one' filled drink bottle, a packed lunch, unless otherwise specified on the program, and activity/weather-appropriate clothing, including a hat, every day.
- All tops need to cover shoulders and back, i.e. no singlet tops. Please send children to care with appropriate clothing including closed-in, comfortable shoes where possible - no thongs.
- Please remember that being physical most of the day increases children's appetite. So ensure that your child/ren has sufficient food for the day.
- Any medication that comes into the Centre, **must** be in its original packaging, labelled with the child's name and dosage information. All medication is to be given to staff and appropriate paperwork completed.
- PG movies will require an additional form to be signed. Movies names will be provided prior to signing the permission form.

### \* Water Activity Notes:

All children must wear a rashie (preferred) or a top covering shoulders while participation in outdoor water activities. SPF50+ Sunscreen will be applied to



helping create confident children

**In House Day \$70.20**

**Bus Excursion/Special Day \$76.70**

**Fees are before applying CCS**

**Please note:** Due to the National Licencing Standards for Educators /Children ratios for under 5 years of age near or in water we are unable to accept bookings for children under 5 years of age to attend our excursions to the Aquatic Centre. Under 5 years of age children will stay back at the centre during these water excursions.

**DON'T FORGET TO BRING YOUR  
DRINK BOTTLE & HAT EVERY DAY**

**59D Amy Road, Newstead, 7250  
PO Box 724, Kings Meadows, 7249**

**Phone: 6341 1555**

**Fax: 6344 9493**

**enquiries@ncn.org.au**



**East Coast Child Care**

**School Holiday Program**

*for Kinder - 12 year olds*

**14th January—5th February**



**Full Days**

**8AM—5:30PM**

**Little Penguins  
Burgess Street Bicheno**

**6375 1800**

**eastcoast@ncn.org.au**



## Week 1

**Monday 14 January**

### Jump Rope

It's all about ropes today, new games and new techniques, Watch out, don't trip I'm sure today will be a big hit.

**Tuesday 15 January**

### Tool Time

Get your ideas ready and your tool out. Let's see what you can make.



**Wednesday 16 January**

### Summer Berry Puddings

They are red, sweet and oh so yummy! Let's get cooking and you can try a summer berry pudding today. Would you like a scoop of Ice cream with that?



**Thursday 17 January**

### Felting

Felting is the most ancient form of textile art and includes weaving and spinning techniques, today you will get to have a go at both needle and wet felting.

**Friday 18 January**

### Bike Riding Excursion Diamond Island

Bring along your wheels today and your helmet please. Let's hit the track get out of here and have a picnic in a laid back atmosphere.

Cold lunch only today!



**Depart 10.30am Return 1.30pm**

## Week 2

**Monday 21 January**

### Bottle Cap Craft

Using all our recycled bottle tops let's see what you can make, there are so many fantastic ideas pick one and have a go.

**Tuesday 22 January**

### Ninja Warrior

Course is set, stop watch is ready! Come along and take on our ninja course, we will challenge you, get you wet and muddy make you laugh and promise you'll have a blast.

Please wear clothes for Muddy, Wet play.



**Wednesday 23 January**

### Kids First Aid

You will never know when you will need to know, hopefully never, but that knowledge is something great to have. Today will be a fun interactive session to learn some basic first aid techniques.

**Thursday 24 January**

### Macrame

Using a range of knotting techniques today is all about this fun craft. Your imagination is your limit, what will you make.



**Friday 25 January**

### Pancakes

Who can do the pancake flip! Today let's mix up a batch and enjoy them for lunch what's your favourite topping?

## Week 3

**Monday 28 January— Closed Australia Day Public Holiday**



**Tuesday 29 January**

### Paper Making

Let's recycle some of our paper scraps and enjoy a day making paper pulp which we can press and dry to make our very own paper. This ancient activity is hands on and lots of fun.

**Wednesday 30 January**

### Surprise Excursion Excursion

Where will we go to today, be prepared for some fun and adventures today. More details closer to the day.

Cold lunch only today! Walking shoes required!

**Depart 10.30am Return 2.30pm**

**Thursday 31 January Excursion TBC**

### Surfs up @ Waubs Bay Beach

Today you will be riding some waves and learning some water safety. Bathers, towel & hat Required and a wet suit if you have one.



**Depart 10.30am Return 1.00pm**

**Friday 1 February**

### Small World Play

Today you will get to make a small world play area for all the children to enjoy, we will be painting, planting and designing this special area so come with many ideas.

## Week 4

**Monday 4 February**

### Market Day

Throughout the holidays we have made some fantastic items, today we thought you might like to help run a market stall outside Little Penguins to help raise some funds for new equipment.

**Depart Open 10.00AM - 2.00pm**

**Tuesday 5 February**

### Water Fun Day Celebration—Lions Park BBQ lunch

The water slide is out, let's get slipping and sliding today to end the holidays with a huge amount of fun. Celebrate the end of the holidays with a special surprise. Bathers. Towel, & hat Required.

